



## Our Forest School Ground Rules!



### **We listen to each other**

We always listen to what others have to say. We listen with our ears, our eyes, our heads and our hearts.

### **Swing low sweet hammock**

One person in the hammock at a time and no 360s! We push our friends gently.

### **Two arms and a tool**

We always use tools the safe way, making sure that we are sitting down and are two arms and a tool's length away from anybody else.

### **Fire circle**

We call "*Red Dragons!*" to remind anyone who might not be moving safely around the fire circle and use "*Green Dragons*" when we are near the fire circle safely.

When we are practising fire-lighting, we choose our spot carefully, always use 'safe kneeling' and make sure hair and clothing are out of the way.

### **What's brown and sticky?**

A stick!

We carry sticks pointing down to the ground. If they are longer than our arm, we drag them or find a friend to hold the other end.

### **Boundaries**

We have *physical boundaries*: we know where we are allowed to play and explore; and we have *emotional boundaries*: we respect ourselves, each other and our environment.

### **Whistle**

*3 whistles* means return immediately to the fire-circle (it could be the end of the session, or there might be an emergency). *1 whistle* means tool swap.